



Honey Lemon Foot Soak

No fancy spa this Mother's Day? No problem! You can still give your mom all the pampering she deserves with this honey lemon foot soak.

Ingredients

1/2 cup honey
1-2 tablespoons apple cider vinegar
1 lemon, sliced into thin rounds

Directions

1. Fill a large container or tub with warm water. Remember to put a towel underneath the tub to avoid any mess.
2. Add the honey and vinegar to the warm water and whisk until combined.
3. Add lemon slices and soak feet for 15-20 minutes.
4. Dry feet with a warm towel and finish off with a foot massage using mom's favorite cream.

